

What is Success?

Truly, a successful life is one that allows you to accomplish or experience those things you consider to be most important. Those accomplishments won't be the same for everyone. Avoid allowing society to determine the definition of success. Decide what is most important to you and then create a life that supports those things.

Pursuing society's definition of success will result in confusion, resentment, and disenchantment.

Be brave enough to find your own path.

Success can be obvious

A life with a nice car, fine home, impressive job, and attractive spouse. Visual success. These *achievements* **only serve to impress others** and do little to enhance the quality of your life.

- Individuals with large homes still spend 80% of their time in just a couple of rooms.
- A \$20,000 car provides just as reliable transportation as an \$80,000 car.

Success can be mistakenly focused on showing off what people see.

Redefine success with your own definition:

1. **What is your passion?** If you can determine the central focus of your life, everything else becomes much easier to determine.
2. **Career.** What do you like to do? Most people consider money first, but what would you like to spend eight hours per day doing for 40+ years?
3. **Home.** Your choice of living accommodations can also support your passion or be an obstacle. A home that is too big can require too much of your time to maintain or require too many financial resources relative to your income.
 - Do you need to live in the city, country, or suburbs to support what you truly desire?
 - How many bedrooms would be ideal?
4. **How much free time do you want to have?**
 - A successful life would include enough free time to satisfy all your interests.
 - Limit your non-essential activities to create the free time you desire.
5. **Be mindful** in clubs, committees, and other voluntary activities that don't add enough quality to your life.
6. **Consider the end of your life.** Imagine you only have a few months to live.
 - What would you like to look back upon?



Think about the kind of life you'd have to live to feel good at the end of it.